

ST. JOHN'S NURSERY SCHOOL - APRIL 2026

NEWSLETTER

Fall Registration

Thank you to everyone who has completed their registration for the upcoming 2026-2027 school year. You should have received confirmation of the days you are registered for along with any top up security deposit invoice through Kindertales. If you have not heard back from Marianne please speak with someone in the office as soon as possible. Security deposits from this year have been moved to next year and top up payment will be due on April 1.

Security Deposits are non-refundable after June 1st for any cancellations.

Dates to Remember

- April 2 - World Autism Acceptance Day
- April 3 - School Closed - Good Friday
- April 6 - School Closed - Easter Monday
- April 1 - Security Deposits Top up Due
- April 7 - New Spring Snack/Lunch Menus start
- April 15 - Board Meeting
- April 17 - Parent Coffee Hour 9:30-11:30am
- April 22 - Earth Day

Family Survey 2025-2026



If you could take a few minutes to complete the Family Survey for this school year, we would like to hear from you.

Saying Goodbye

It is time for us to say goodbye to all our amazing students we have had who have this past semester. We wish you all the best. Thank you for all your support over the past few months. We hope that your time at St. John's has helped prepare you on your journey in education with young children.

Weekly Menu:

March 30 - April 2 Week #2

April 7-10 Week #3

New Spring Snack and Lunch Menu Start April 7th.

April 13-17 Week #4

April 20-24 Week #1

April 27 - May 1 Week #2

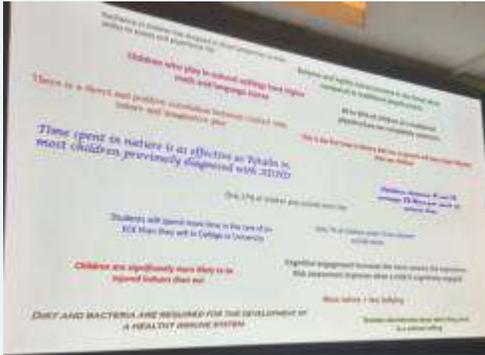
Metis Nation of Ontario Early Years Conference Update

Christine, Kim and Marianne had the opportunity to attend the Metis Nation of Ontario Early Learning and Care Conference on March 6 to 8th. We Spent the weekend in Niagara on the Lake learning about the Metis culture including their language, stories, skills and ways of life. Their culture is focused on family and their knowledge keepers pass the knowledge down to keep their culture alive throughout Ontario.

Friday evening was a night of networking, listening to fiddle music and learning how to jig. Jigging is a traditional way of dancing and we were able to get up and learn some steps. This was a fun experience and one that the children in the Maple Room have been enjoying, now that Marianne was able to teach them.

Saturday was a day filled with inspiration starting with a talk from Adam Bienenstock about the importance of allowing our children to take risks and learning from the land. We spent the afternoon in breakout sessions being inspired with learning outdoor games, stories, songs and activities to bring the Metis culture into our classrooms.

Sunday was another morning of inspirational speakers and learning more about the Metis Nation of Ontario and how they helping to keep their culture alive in this province. We are looking forward to sharing what we learned from this conference with the staff and bringing some of the Metis culture into our program rooms.



Slide shared by Adam Bienenstock about risks.

Beautiful tumbled glass windchimes. These were handmade in Simcoe by Sandeye Designs
One is hanging in each classroom so please stop by and take a look.



Earth Day - April 22, 2025

Earth Day is celebrated on April 22nd each year to raise awareness of the need to protect the Earth's natural resources for future generations and for all the plants and creatures.

How can we live in relationship with all living things and help our children create a sense of caring towards the Earth?
How will your family recognize Earth Day?

Autism Acceptance

On April 2nd it is World Autism Acceptance Day. The movement is shifting from awareness to acceptance.

As Educators, we teach acceptance and strive for everyone to feel a sense of belonging and where they feel valued and have equal opportunities. We talk about differences including neurodiversity and celebrate one another every day we are together.



Parent Coffee Hour Friday, April 17th

We hope you are able to join us on the topic of "Helping Little Kids with Big Worries". Please see the flyer attached with the information.

Aimee VanKoughnett, MSW RSW

Child, Youth & Family Therapist, Certified Play Therapist
(CPT)

Mental Health Consultant and Trainer

226-929-1029 | 745 Bridge Street W #6, Waterloo ON

Website | Online Booking

Happy
Easter



St. John's will be closed on Friday, April 3rd and Monday April 6th for the Easter long weekend. We hope everyone has a wonderful long weekend with your family and friends.

Happy Easter to all those who celebrate!

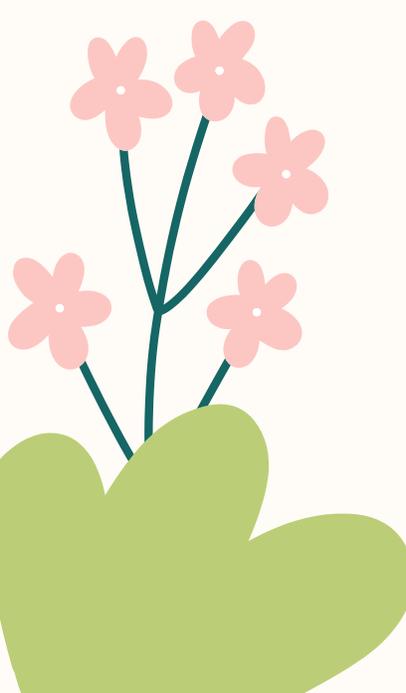
Donations for Food4Kids

As you know, Food4Kids is an organization that is dear to our staff and we like to try to help them out with donations throughout the year. Right now they are in need of Goldfish Crackers and Applesauce. If you could bring in a donation of one of these items, we would appreciate it, as we know these items go to children in need around our community.



Calling New Members

We are still looking for parents or family members to join our school's Board of Directors for the 2026-2027 school year! If you are interested in joining, please contact Christine. The Board of Directors meet hybrid on the 3rd Wednesday of each month in the evening to discuss the operations of the school. The time commitment is minimal but is vital to running a quality program here at St. John's. Our next meeting is on Wednesday, April 15th, at 7:00pm in person at St. John's. Let us know if you are interested in joining the next meeting to see what it is all about.





80% of Learning is Visual

Bring your child's learning into focus



Do you have a child in kindergarten?*

Get a **yearly OHIP exam** for your child with a **participating eye doctor** and receive a complimentary pair of eye glasses.

Eligibility:



JK and SK students
born in 2020 or 2021



Eye exam with a
Participating Optometrist



Eye exam
July 1, 2025 to
June 30, 2026

For more details and to find a participating optometrist near you scan:



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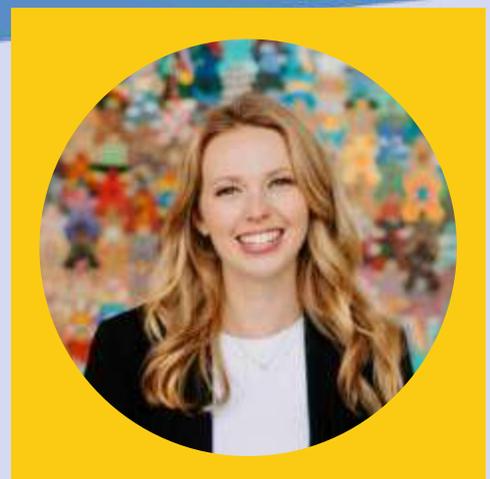
Or Visit:
[EyeSeeEyeLearn.ca](https://www.eyeseeeyelearn.ca)

HELPING LITTLE KIDS

WITH BIG WORRIES **PARENT COFFEE CHAT**

FRIDAY, APRIL 17th
9:30-11:30 AM

- Understand how stress and anxiety show up in young children
- Learn practical ways to support your child through big feelings
- Build confidence supporting worries at home and school
- Ask questions during a live, expert-led Q&A
- ✓ Recieve a take-home parent resource package



**With Guest Speaker
Aimee VanKoughnett,
MSW RSW CPT**

Registered Social Worker &
Certified Play Therapist

Location

St John's Christian Nursery School
22 Willow Street
Waterloo

Pre-Survey Link

<https://forms.gle/Xsc6dVWnaPP-LqYoP8>



Scan to submit an anonymous
question for the Q&A





+St. John's Nursery School- Spring Snack Menu April – June

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Frozen BeanSalad Mix Whole WheatMini Pitas	Whole Wheat Scones AppleButter Bananas	Gluten Free Breten Crackers Cucumbers CheeseCubes	Overnight Oats With Soy Milk Frozen Blueberries	Wow Butter Mini Whole Wheat Bagels Apples
Week 2	Cereal Mix (Shreddies, cheerios, Crispix) Bananas	Rice Crisps Hummus Cucumbers	NaanBread Watermelon	Multi Grain Crackers Salsa SnowPeas	Variety Friday (An assortment of snacks from week 1 and 2)
Week 3	Gluten Free Breten Crackers Cheese Cubes Cucumbers	Plain Whole Grain Granola Plain Yogurt with AppleButter	Whole Wheat Mini Pitas Hummus Snowpeas Carrots	RiceRolls Strawberries	Overnight Oats With Soy Milk Frozen Raspberries
Week 4	CottageCheese FrozenPeaches	RiceCakes CheeseCubes Peppers	PlanYogurt FrozenFruit Mix CheaSeeds	Wow Butter Mini Whole Wheat Bagels Apples	Variety Fridays (An assortment of snacks from week 3 and 4)

** Water is available for the children to drink