St. John's Nursery School- Snack Menu

Spring Menu (April - June)

	Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
Week 1	Frozen Peas Naan Bread hummus	Spinach Dip Assorted Seasonal Veggies	Seasonal Melon Cheerios	Apple Slices Cheese Cubes	Variety Fridays (An assortment of this week snack items)
Week 2	Seasonal Berries Rice Cakes Wow Butter	Cucumbers hummus	Pears Naan Bread	Guacamole Assorted Seasonal Veggies Whole Wheat Crackers	Variety Fridays (An assortment of this week snack items)
Week 3	Edamame or Peas Pita Bites Tzatziki Dip	Raisin Bread Cream Cheese Bananas	Seasonal Veggies Whole Wheat wraps Salsa	Seasonal Melon Whole Wheat Crackers	Variety Fridays (An assortment of this week snack items)
Week 4	Melba Toast Wow Butter Apples	Peppers Tzatziki Dip Black Beans	Bananas Shreddies	Seasonal Veggies Naan Salsa	Variety Fridays (An assortment of this week snack items)